



REVIEW



November 19, 2021

Message From Administration:

Hello Rouge Park Families!

We hope that you all had the chance to read and review the Progress Reports that were sent out electronically this week for your child. As well, we hope that you found the parent-teacher interviews/conferences informative. We truly value the partnership with our families with our strong focus on student achievement and well-being. Please reach out to your child's teacher at any point, should you have questions, comments or concerns. Please know that student well-being is of utmost importance to all of us at Rouge Park P.S.

Next week, we recognize Bullying Prevention and Awareness Week. At our school, it is important that we provide a caring, safe and inclusive environment that supports the academic achievement and well-being of all students. This week serves as a reminder to our school community about bullying and how to respond.

Wishing all of our families a wonderful weekend!

Lindsey Maclean
lindsey.maclean@yrdsb.ca

Leeann Morrow
leeann.morrow@yrdsb.ca

Upcoming Dates:

November:

29 -Dec.3 - Grade 3 Gifted Testing
30 – Chocolate Bar Fundraiser Ends

December:

2 – School Council Meeting
15 – Photo Day for f2f students during the school day & virtual students from 2:45-3:45
20-31 – Winter Break

Kindness Week at RPPS

Saturday, November 13th was World Kindness Day, 2021. This week we recognized our own kindness week with the creation of a kindness tree that all students have contributed to. We also had classes do random acts of kindness for others in the building and our social committee offered kindness snacks to staff.



Bullying Prevention and Awareness Week

From November 22-26 we recognize Bullying Prevention and Awareness Week. At our school, it is important that we provide a caring, safe and inclusive environment that supports the academic achievement and well-being of all students. This week serves as a reminder to our school community about bullying and how to respond. During this week students will engage in learning activities that reinforce positive behaviours that respond to and prevent bullying.

Bullying is a form of repeated, persistent and aggressive behaviour directed at an individual or individuals that is intended to cause (or should be known to cause) fear and distress and/or harm to another person's body, feelings, self-esteem or reputation. Bullying occurs in a context where there is a real or perceived power imbalance.

Bullying can take many forms. Some include:

Physical – hitting, shoving, stealing or damaging property

Verbal – name calling, mocking, or making sexist, racist or homophobic comments

Social – excluding others from a group or spreading gossip or rumours about them

Electronic (commonly known as cyberbullying) – spreading rumours and hurtful comments through the use of cellphones, e-mail, text messaging and through social media

Bullying is never acceptable at our school. All members of our school community are encouraged to stand up and support each other. Should there be concerns about bullying or if you have any questions please contact us.

You can also report events that happen at school, at school-related activities, online or off school property if they negatively affect a student or the school climate through [YRDSB's Report It tool](#). This tool is available on the homepage of our school's website or on www.yrdsb.ca. You may also choose to make a report anonymously.

For more [information and resources on bullying and cyberbullying](#), please follow @YRDSB or visit www.yrdsb.ca.

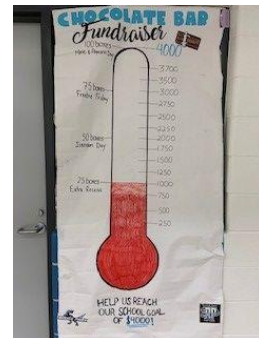
Thank you for helping us create a safe, respectful and inclusive school community.

Fundraising:

Our chocolate bar fundraiser is well underway. So far we have raised **over \$1200.00** to put towards our school goals of technology, the breakfast program and kindergarten revitalization. If you buy a carton of chocolate bars for \$90, the school is automatically sent \$45 and you keep the \$90 you make from selling the bars at 2 for \$5. You can order your carton at

<https://www.worldsfinest.ca/campaign-fundraiser/campaign/?cid=159> . Detailed information can be found on the flyer at the bottom of this newsletter. Now that the students have reached our first goal of selling 25 cartons of chocolate bars, they will receive an extra recess time next week. If we sell 50 cartons, we will celebrate with ice cream day. If you would rather not sell chocolate bars, but would like to donate to our school, please visit school cash online and click on the donate button.

<https://yrdsb.schoolcashionline.com/>



Learning Models

If your child is currently learning remotely and you wish for them to return to face-to-face learning, please contact our office. The switch from remote to face-to-face can be done with office approval. We hope to see all of our students back face to face this year!

School Council

School Council meetings will once again be virtual this year. We will hold our next School Council meeting on December 2nd from 6:30-7:30 p.m. All are welcome to attend. We have an incredible group of School Council members and we hope you will consider joining!

Prayer Room at RPPS

Due to the recent time change, we recognize that some of our Muslim students may choose to pray at school. Therefore, we have made room 213 available from 12:50-1:00 everyday. A staff member will be supervising students during this time. Please ensure that students bring their own prayer mat for use in accordance with COVID guidelines.

Spirit Wear

As mentioned in yesterday's email, we are launching our Rouge Park Clothing Line! There are many items available for sale (see flyer below) on school cash online. **Please remember to call the school office or send us an email (lindsey.maclean@yrdsb.ca) if you would like support to be able to buy spirit wear for your child(ren).** We would like all of our students to have access to a piece of RPPS clothing. If you would like to donate, please also send me an email. We have already received some generous donations to help ensure our spirit wear is accessible for all. In these difficult times, we truly appreciate the sense of community we feel as we look after each other.

Screening

York Region Public Health has asked us to remind all staff and students that screening must be completed every day using the [Ontario School Screening Tool](#) for any signs and symptoms of COVID-19. The tool indicates when individuals should be isolating at home and when they should be getting tested.

ROUGE PARK PS NEEDS YOUR HELP



YOUR HELP WILL MAKE ALL THE DIFFERENCE
FOR ROUGE PARK PS

We're asking our Rouge Park PS community to come together to help to raise **\$4,000**. We've made it easier than ever for you to enjoy contributing to a rewarding campaign experience and result! Here's how:

You're going to click GET STARTED below - to provide a little information, to select which item(s) and how many you wish to sell, and to purchase them (secure payment through PAYPAL). We will ship your order directly to you, and your household will then sell the items you've ordered and keep proceeds to recover your cost. World's Finest® will then provide the profit from your sales (the price you paid us LESS our product & shipping costs) directly to Rouge Park PS. Please click GET STARTED to begin:

GET STARTED

(<https://www.worldsfinest.ca/campaign-fundraiser/campaign/?cid=159>)

WE'RE FUNDRAISING WITH AMAZING PRODUCTS



2 FOR \$5 BAR VARIETY PACK - NUT
AND PEANUT FREE

FUNDRAISING GOAL
\$4,000

ORDER BY DATE
Nov 26, 2021



WORLD'S FINEST®
FUNDRAISING













WE FUND COMMUNITIES™

ROUGE PARK








Spirit Wear



Price & Description	Item Code		
<p>T-shirt Logo 1</p> <p>Youth: \$15 Adult: \$17</p>	 <p>T1.1</p>	 <p>T1.2</p>	 <p>T1.3</p>
<p>T-shirt Logo 2</p> <p>Youth: \$15 Adult: \$17</p>	 <p>T2.1</p>	 <p>T2.2</p>	 <p>T2.3</p>
<p>Pull-Over Hoodie Logo 1</p> <p>Youth: \$32 Adult: \$35</p>	 <p>H1.1</p>	 <p>H1.2</p>	 <p>H1.3</p>
<p>Pull-Over Hoodie Logo 2</p> <p>Youth: \$32 Adult: \$35</p>	 <p>H2.1</p>	 <p>H2.2</p>	 <p>H2.3</p>

Price & Description	Item Number
<p>Gym Short Logo 1</p> <p>Youth: \$23 Adult: \$25</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>GS1.1</p> </div> <div style="text-align: center;">  <p>GS1.2</p> </div> </div>
<p>Gym Short Logo 2</p> <p>Youth: \$23 Adult: \$25</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>GS2.1</p> </div> <div style="text-align: center;">  <p>GS2.2</p> </div> </div>
<p>Track Pants</p> <p>Youth: \$32 Adult: \$35</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>TP1.1</p> </div> <div style="text-align: center;">  <p>TP1.2</p> </div> </div>
<p>Toque 1</p> <p>\$15</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>TQ1.1</p> </div> <div style="text-align: center;">  <p>TQ1.2</p> </div> <div style="text-align: center;">  <p>TQ1.3</p> </div> </div>
<p>Toque 2</p> <p>\$15</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>TQ2.1</p> </div> <div style="text-align: center;">  <p>TQ2.2</p> </div> <div style="text-align: center;">  <p>TQ2.3</p> </div> </div>

Price & Description	Item Number
<p>Baseball Hat Logo 1</p> <p>\$17</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>BH1.1</p> </div> <div style="text-align: center;">  <p>BH1.2</p> </div> </div>
<p>Baseball Hat Logo 2</p> <p>\$17</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>BH2.1</p> </div> <div style="text-align: center;">  <p>BH2.2</p> </div> </div>
<p>Plastic Water Bottle</p> <p>\$19</p>	<div style="text-align: center;">  <p>WB1.1</p> <p><small>750ml</small></p> </div>

ORDERING INFORMATION

To place your order, please log into school cash online through the below link.

<https://yrdsb.schoolcashonline.com/>

YOUTH SIZE CHARTS

HOODIES

	XS (2-4)	S (6-8)	M (10-12)	L (14)	XL (16)
Width	15"	17"	18"	19"	20"
Length	19"	21.25"	22.25"	24"	25.5"
Sleeve	23.5"	26.5"	27.75"	30.25"	33"

T-SHIRT

	XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (18-20)
Width	16"	17"	18"	19"	20"
Length	20.5"	22"	23.5"	25"	26.5"

FLEECE JOGGERS

	S (6-8)	M (10-12)	L (14)	XL (16)
Waist	20-21"	22-23"	24-25"	26-27"
Inseam	19"	22"	25"	28"

GYM SHORTS

	XS	S	M	L
Relaxed Waist	20.5"	21.5"	22.5"	23.5"
Inseam	4.5"	5"	5.5"	6"

ADULT SIZE CHARTS

HOODIES

	S	M	L	XL	2XL
Width	20"	22"	24"	26"	28"
Length	26"	27"	28"	29"	30"
Sleeve	33"	34"	35"	36"	37"

T-SHIRT

	S	M	L	XL	2XL
Width	18"	20"	22"	24"	26"
Length	28"	29"	30"	31"	32"

FLEECE JOGGERS

	S	M	L	XL	2XL
Waist	24-26"	28-29"	30-31"	32-33"	36-37"
Inseam	29"	29.5"	30"	30.5"	31"

GYM SHORTS

	S	M	L	XL	2XL
Relaxed Waist	24"	26"	28"	30"	32"
Inseam	9"	9"	9"	9"	9"

Lifetouch.

PICTURE DAY IS COMING



What to Expect:



Students are
photographed on
Picture Day



Pictures are sent home
with your child



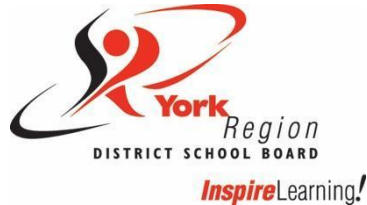
Review pictures
& purchase on
mylifetouch.ca

Questions? Please contact Customer
Service at 866-457-8212.

29088 QB401085QP QB01XF100514

29088 © 2020 Lifetouch Canada ULC

All students will be photographed. Please notify your child's teacher if you do not want an individual picture taken of your child. Your child may be included in a group picture requested by the school.



Student Mental Health and Addictions Newsletter

December 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

The ABCs of Mental Health: A focus upon Bridge & Connection

In this Newsletter, we continue our focus on the [ABCs of Mental Health framework](#) with a closer look at **B-Bridge** and **C-Connect** both at school and at home.

Acknowledge, Bridge and Connect are interrelated and work one with the other. *Acknowledge* helps us center and validate the lived experiences and realities of students, staff and families. In our previous [Newsletter](#), we noted that acknowledging lived experiences and realities is the beginning, but is not enough. In this effort, *Bridge* and *Connection* aid us in creating learning environments where growth and healing can occur. As we continue to navigate COVID-19, these are important now more than ever.

B- Bridge

Bridging centers on the fact that your children/our students, staff and families possess personal, cultural and community assets and strengths. When we all learn about these assets and strengths, we can better build meaningful and affirming connections and enhance growth, healing, and shape student/family support opportunities. When we Bridge, we honour and value varying ways of knowing, being and doing in the world. Children and families are seen as the experts in their lives. Their interests, assets, unique beliefs, traditions, experiences and strengths are valued, respected and reflected in the learning environment. Beyond this, when we Bridge, we affirm that families and communities are essential and valuable allies.

C- Connect

Connect encourages us to build connections based on the strengths, assets and interests shared by our students, staff and families. Establishing positive connections is vital and fundamental to the experience of mattering and belonging. This is equally important both at school and at home. Caring is at the core of forming positive

connections and relationships. We consider the difference between "caring for" and "caring about." [Geneva Gay](#) invites us to consider, "while 'caring about' conveys feelings of concern for one's state of being, 'caring for' is active engagement in doing something to positively affect it." Caring *for* encompasses a combination of concern, compassion, commitment, responsibility, and action. When we engage in the action of caring *for* one another, the outcome is a sense of mattering and belonging. It tells our children /students, staff and families that:

I belong here
I matter here
I am valued here
I am cared for here

Connection and relationships must be cultivated, and care must be actioned. By this, we mean relationships require attention, intention, and ongoing effort. Care must be seen and felt.

We invite you to consider and do One Small Thing that demonstrates **caring for someone**.

"A simple call to a friend brightens someone's day - it's a small thing."

-YRDSB Student.

YRDSB Mental Health acknowledges the importance of cultivating positive relationships and building community not only with students and staff but with families and community members. We understand that to best support students and strengthen our school board's mental health supports; we must listen, learn from, and collaborate with families and community members. In this effort, we have created a [feedback form](#) as a starting point to hear your voice as parents and caregivers and learn how we can shape and improve supports and resources that enhance students' mental health and wellbeing.

We look forward to creating pathways for caring connections and meaningful relationships with parents, caregivers, and families. Share your voice by using this [feedback form](#), and let's pave the path forward together.

What are students saying about the ABCs of Mental Health? Have a look at this [Video](#) To learn more about the ABC Framework & lesson series, please visit [YRDSB ABCs](#)

We invite you to consider the following **free seminar** focused on Connection:

Getting Teenagers Connected - Help your teenager develop good, supportive friendships. You'll learn ways to build their confidence, encourage social skills, help them to plan and meet commitments and encourage them to take care of others. [Click here to register.](#)

Mental Health COVID-19 Page

The link below is dedicated to supporting student mental health. Resources for students, parents/guardians, and community resources are listed. Please consider taking some time to familiarize yourself with the [Mental Health and Community Supports](#). Continue to check out the [YRDSB website](#) for updated information as well as the Twitter accounts [@YRDSB](#) and [@YRDSB_SS](#).

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc.

Mental Health Lead

patricia.marra-stapleton@yrdsb.ca

Hoshana Calliste, MSW, RSW

Assistant Coordinator of Mental Health

hoshana.calliste@yrdsb.ca